

September 2009

President's Message



Greetings, Altrusa Sisters,

Is your September as busy as mine? And school is back in session, watch for all the kids and buses. Our major activity for the month is the:

YARD SALE

September 12, Stonehenge Club House
Friday set up (please call before you come, I'll be home).

The program meeting on the 21st will finalize our presentation to the Area V workshop on October 3. Our topic is Patriotism, a community service obligation. We would like to incorporate quotes from famous, or not so famous, people. Exciting ideas were flying fast and furious at the last meeting. The workshop application appears elsewhere in this newsletter, I hope everyone can attend.

I look forward to seeing everyone on the 12th and the 21st.

Blessings from the heart,

Claire

ALTRUSA INTERNATIONAL INC. OF CHARLOTTEVILLE, VA

The Jefferson Altrusan

Registration
2009 Area V Workshop

Theme
Patriotism

Saturday, October 3, 2009

9 am - 10 am - Registration and Refreshments

10 am - 2 pm - Welcome and Workshop

Shady Grove United Methodist Church

8209 Shady Grove Road
Mechanicsville, VA 23111



Registration Form
Due by September 17, 2009

Registration Fee - \$20.00

Name: _____ Club: _____

Address: _____

City / State / Zip: _____

Phone (H): _____ (W): _____

Email (H): _____ (W): _____

Lunch:

Baked Chicken, Vegetable, Dessert



Make checks payable to: Altrusa International, Inc. of Richmond

Mail registration with check(s) to:

Barbara Moss

7211 Greenway Circle

Quinton, VA 23141

(804) 932-5359

cnbmoss@msn.com



Win an LCD HDTV!

Altrusa International, Inc.
Richmond will hold a raffle
for a 32" Samsung LCD HDTV
Valued at \$450!

3 tickets for only \$5

Drawing held at the workshop!



Altrusa International Inc. of Charlottesville
Business Meeting Minutes
August 17, 2009

Call to order by Claire at 6:45 p.m.

Approval of Minutes: As published

Treasurer's Report: Project: \$1777/93 Operations: \$77873

Correspondence: : Mary Jane King of PVCC acknowledged our \$500 scholarship. Marit postcards. Salvation Army donation request.

Committee Reports:

Community Service: Our toiletries were donated to SHE.

Fundraising: Yard sale will be on September 26th at Stonehenge pool house.

Environmental: Claire and Catherine reported that TNC garden will need work in October to prep for winter.

Sunshine: Update on Marit's Appalachian Trail adventures. Marit will be home at the beginning of September.

Old Business: Program planning suggestions include Marit talk on her Appalachian Trail hike, Financial Planning Night, Game Night, Word Play with the Literacy Volunteers, Ceramics night with Claire doing a demonstration.

Omni will continue to charge \$21 per dinner through June of 2010.

New Business: Barbara and Pat have accepted responsibility for Membership.

Anna will be updating the activities page with the Daily Progress.

Discussion of our Brain storming session.

Barbara will update our Membership Brochure and create a flyer for membership.

Area V Workshop-October 3: Suggestions were made on what we should do for our part of the workshop. We are responsible for presenting information on Patriotism and Public Service.

We will find quotes of our founding fathers. Barbara has a document of ways of interpreting the Preamble to the Constitution.

Other— .Jefferson Altrusan deadline is September 1, 2009

Adjourn

Marit Conquers the Appalachian Trail

Dear Family and Friends,

Skittles, No Nails and Moonwalker have summited Katahdin on Aug. 26 along with 10 other hiker friends! We left The Birches (campsite for thru hikers) in Baxter State Park at 6 am. After many hot, sunny days on our way through the 100 Mile Wilderness in Maine and approach trails in the park we were unfortunately greeted with fog and winds on our way up the 5,268 ft. mountain. The terrain went from gradual to boulder scramble with some fun rebars and tricky maneuvers along the way...but nothing more difficult than we had handled in many of the previous mountains. We were pumped with adrenaline, so nothing could deter us! My friend, Smiley, and I got to the summit sign in three and a half hours. When all of our group completed their trek we took many photos in front of the much awaited Katahdin Summit sign. With shivering bodies and wind blown hair we scrambled as fast as we could back down the 5.3 miles to the base to be greeted by many of the hiker's families. We enjoyed much celebration, hugs, and sighs of relief. We had completed our 2,178.3 mile trek after 166 days on the Appalachian Trail. We started out together and ended together....what a journey...one that we will always cherish. Thanks again for supporting and believing in us. God and many angels watched over us throughout too.

I am making my way back down to Virginia with No Nails and her husband, John. We stopped near Camden, Maine on the coast for lobster today to celebrate and are on the border of Vermont tonight. It is so weird to be driving and not to be walking!

We have changed in so many ways....mind and body. No Nails lost over 40 pounds and is fit as a fiddle. Skittles and I can't keep our pants on. We are so proud that the middle aged ladies passed by so many of our young counterparts, showing that with determination, drive, and a positive attitude anyone can accomplish what they put their mind to achieve.

Hope to see all of you after September 7 when I have returned from the remaining part of my summer destinations. My job begins that day. I will be calling or running into many of you and hope to cross paths with each of you in the near future.

With endless love,
Moonwalker



The Appalachian Trail from Maine to Georgia

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
						YARD SALE!!!
13	14	15	16	17 Pat's birthday	18	19
20	21 Meeting Omni 6pm	22	23	24	25	26
27	28	29	30			

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Area V Workshop Claire's B'day
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Meeting Omni 6pm	20	21	22	23	24
25	26	27	28	29	30	31



**ALTRUSA INTERNATIONAL INC. OF
CHARLOTTESVILLE, VA**

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**Yard Sale
Saturday,
September 12th
Stonehenge
Pool House**



**Meeting
Monday,
September 21st
Omni Hotel
6:00 p.m.**